

Who We Are.

Since 1957, Centers for Children & Families (Centers) has helped strengthen individuals and families in Texas. The agency was founded to provide counseling for those who would not otherwise be able to afford the services that would assist them during difficult times. Over the years, our objective has remained unchanged: to meet the mental health needs of EVERYONE, regardless of ability to pay.

OUR VISION for the future is communities where “children, individuals and families successfully manage the challenges of life.”

OUR MISSION is “to improve quality of life and strengthen the communities we serve through counseling, education and supportive services.”

We are designed to be an affordable resource for ALL!

What we do.

Counseling for All (Ages 3+)

*Individual, Family, Couples, Group,
Free Service for Military/Veterans & Family,
Free Service for Frontline & Essential Workers
during the Pandemic*

Abuse/Neglect
Addictions
ADD/ADHD
Anger Management
Anxiety
Behavior Modification
Blended Families
Depression
Divorce Recovery
Eating Disorders
Family Conflict
Grief/Loss
Illness-Coping
Marital Discord
Military Support
Personality Disorders
Play Therapy
School Problems
Stress
Substance Abuse
Suicide Intervention
Trauma/PTSD

Post Adoption Support
Kids First-Supervised Visitation
Parent & Co-Parent Education
Therapy Dog Services
Play Therapy
Art Therapy
Centers Solutions Podcast

What we've done.

Your friends, family, neighbors & colleagues received **over 10,000** counseling sessions in Midland & Odessa.



Individuals in 203 counties received our Post Adoption services to keep their forever families intact.

495 children & parents were assisted by Kids First in Midland & Odessa to preserve ongoing family bonds during times of divorce or family stress.

208 parents learned new skills and techniques during our Parent Education classes and support groups offered in Odessa & Midland.



Mental Health is for Everyone

How You Can Help.

We are a 501 (c) 3 non-profit organization.

We offer all services at a reduced rate.

We provide quality care and are the leading provider of Counseling Services in the Permian Basin.

We can only do this with help from YOU--our community.



Where We Are.

OFFICES

Midland
3701 Andrews Hwy, Midland TX 79703
432.570.1084, (f) 432.570.4069

Odessa
4241 Tanglewood Lane
Odessa, TX 79762
432.580.7006, (f) 432.332.4745

www.centerstx.org

We are currently offering optional remote therapy sessions via phone or video as needed.



Counseling for All (Ages 3+)

*Individual, Family, Couples, Group,
Free Service for
Military/Veterans & Family Members
Senior Citizens*

Post Adoption Support
Kids First-Supervised Visitation
Parent & Co-Parent Education
Therapy Dog Services
Play Therapy
Art Therapy

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