



Wellness

SCREENINGS

The MISD Clinic will host 20 on-site wellness screenings from 7:30 AM-11:30 AM beginning in January through March.

These will be the **ONLY** screening opportunities available for employees on campus before the **June 30, 2023 deadline** and are a **requirement to be eligible for the MISD Wellness program** which earns employees a \$75 monthly premium incentive.

How to Register:

Employees can register online at <https://tinyurl.com/ya3h2kux>, or by emailing aimee.herring@midlandhealth.org with your date and time of choice.

*When registering online type "N/A" under Insurance- Required & Additional Notes- Required to move forward with your appointment. If sending an email please include your employee ID. If you are having issues you can call the clinic to get scheduled at (432) 221-3100.

**Employees that are unable to attend one of these dates can still see their Primary Care Physician before the deadline, but the employee must have their PCP complete [this form](#) to get credit from the wellness team.

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

CAMPUS LOCATIONS:

- **11th:** San Jacinto JH Library
- **18th:** Santa Rita Library
- **19th:** Midland Freshman Library
- **25th:** Greathouse Portable 31
- **26th:** South Elementary Library

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

CAMPUS LOCATIONS:

- **1st:** Bunche Library
- **2nd:** LHS Library
- **8th:** Fasken Conference Room
- **9th:** MHS Conference Room A
- **16th:** District Service Center 101
- **22nd:** Legacy Freshman Library
- **23rd:** Moran Custodial Training

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

CAMPUS LOCATIONS:

- **1st:** Alamo Library
- **2nd:** Yarbrough Elementary
- **8th:** Abell LRC-1
- **9th:** Jones Library
- **22nd:** Goddard Library
- **23rd:** Transportation Conf Room
- **29th:** Franks Library
- **30th:** District Service Center 101

WHEN REGISTERING ONLINE BE SURE TO SELECT THE CORRECT DATE FOR THE LOCATION OF YOUR CHOICE