



Goodheart-Willcox

Experts in Today's Health and Wellness

Support the Opt-In Requirements of House Bill 1525 and Senate Bill 9

Dear Health and Physical Education Teachers, Administrators, and SHAC Members,

The Texas State Board of Education has named G-W as the only approved publisher for Proclamation 2022. The G-W team is excited, proud, and ready—we want you to see first-hand why these are **the only programs that the state has selected for adoption**:

- *Texas Health Skills for Middle School* for Grades 6 and Grades 7-8
- *Texas Health Skills for High School* for Health I and II
- *Texas Fitness and Wellness Skills* for Lifetime Fitness and Wellness Pursuits
(G-W's program for High School Physical Education is also part of this adoption.)

In Texas, all materials undergo an extensive and detailed adoption review process. After listening to input from various stakeholders in the community, schools, and the Texas State Board of Education, G-W agreed to incorporate feedback from the reviews into our resources to meet your needs. In addition, G-W's programs support House Bill 1525 and Senate Bill 9 by separating Health Education materials from the "Opt-In" topics contained in the legislation, so that districts can easily provide access to Opt-In topics when a parent or guardian has provided permission. The table below provides a breakdown of the content that is currently in the process of being edited in order to be moved to the Companion Text:

G-W Companion Material to Accompany Texas Health Skills for Middle School

Chapter 17: Puberty

- Lesson 17.1 Beginning of Life
- Lesson 17.3 Adolescence and Puberty
- Lesson 19.1 Sexual Feelings and Behavior
- Lesson 15.4: Dating Relationships

Chapter 18: Preventing and Responding to Violence

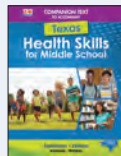
- Lesson 16.2 Abuse and Neglect
- Lesson 16.3 Other Types of Violence
- Lesson 19.2 Unwanted Sexual Activity

Chapter 19: Making Responsible Sexual Decisions

- Lesson 19.3: Pregnancy Prevention
- Lesson 19.4: Teen Pregnancy and Parenthood

Chapter 20: Sexually Transmitted Infections (STIs) and HIV/AIDS

- Lesson 20.1: Sexually Transmitted Infections (STIs)
- Lesson 20.2: HIV/AIDS



G-W Companion Material to Accompany Texas Health Skills for High School

Chapter 20: The Beginning of Life

- Lesson 21.1 The Male Reproductive System
- Lesson 21.2 The Female Reproductive System
- Lesson 21.3 Conception, Pregnancy, and Birth
- Lesson 22.3 Adolescence and Puberty
- Lesson 21.4 Teen Pregnancy and Parenthood

Chapter 21 Relationships and Sexual Abstinence

- Lesson 14.4 Understanding Romantic Relationships
- Lesson 14.5 Practicing Sexual Abstinence

Chapter 22 Violence Prevention and Response

- Lesson 15.2 Sexual Harassment and Assault
- Lesson 15.3 Abuse and Neglect
- Lesson 15.4 Violence in the Community

Chapter 23: Sexually Transmitted Infections and HIV/AIDS

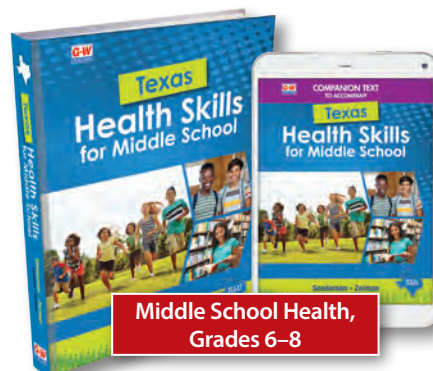
- Lesson 19.1 Common STIs
- Lesson 19.2 Preventing and Treating STIs
- Lesson 19.3 HIV/AIDS



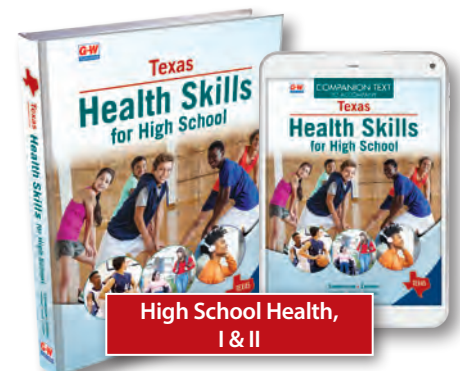
Choosing G-W offers your school district the confidence and assurance of providing health and physical education content that has been vetted by the TEA State Review Panel and adopted by the Texas State Board of Education for instruction that best meets the needs of your community. **Let's work together to encourage healthy living!**

Hector Morales

G-W National Sales Director



Middle School Health,
Grades 6–8



High School Health,
I & II

Educating students to develop healthy behaviors today can improve their overall health and contribute to patterns of wellness that will extend into adulthood. To help guide students along the path to healthy living, G-W assembled an award-winning author team to create the most current and comprehensive middle school and high school health programs. Together, they developed a **contemporary, student-focused, research-based approach** to health education. Their expertise, combined with the **input of Texas-based teachers and professionals**, provides your students with relevant, age-appropriate resources—created especially for Texas!



For Middle School Health, Grades 6–8

Spanish resources available!

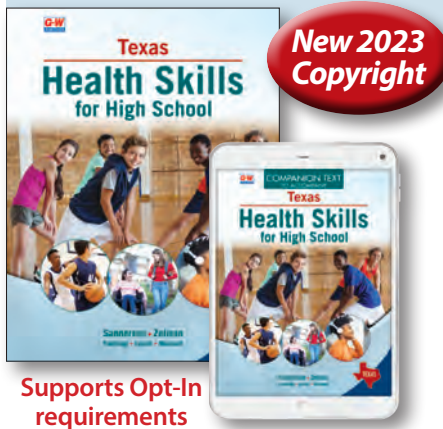
Texas Health Skills for Middle School ©2023

by Catherine A. Sanderson, Mark Zelman, Lindsay Armbruster, Mary McCarley

An abundance of skills-based activities and assessments provides flexibility for teaching health and wellness topics in a relatable, skills-driven way that promotes healthy living.

Student bundle includes the print student materials and the Online Learning Suite (digital student text and companion text that support Opt-In requirements, workbook, and interactive content) 8yr. Classroom Subscription.

Curriculum Center for teachers includes TEKS correlations, Texas lesson plans, answer keys, PowerPoint® presentations, activities, handouts, and performance and standards-based assessments. 8 yr. Individual Subscription.



For High School Health, Health I and II

Spanish resources available!

Texas Health Skills for High School ©2023

by Catherine A. Sanderson, Mark Zelman, Diane Farthing, Melanie Lynch, Melissa Munsell

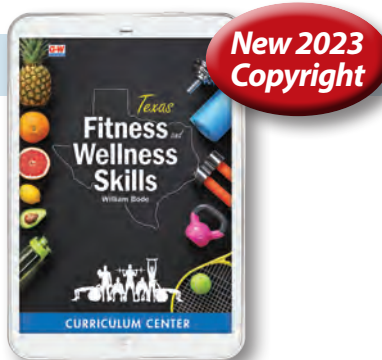
This complete educational package includes customizable Texas lesson plans, skills-based activities, parent/other trusted adult engagement assignments, performance assessments for differentiation with rubrics, online Spanish student text, and so much more!

Student bundle includes the print student materials and the Online Learning Suite (digital student text and companion text that support Opt-In requirements, workbook, and interactive content) 8yr. Classroom Subscription.

Curriculum Center for teachers includes TEKS correlations, Texas lesson plans, answer keys, PowerPoint® presentations, activities, handouts, and performance and standards-based assessments. 8 yr. Individual Subscription.



G-W's program for High School Physical Education is also part of this adoption.



For Lifetime Fitness & Wellness Pursuits

Texas Fitness and Wellness Skills ©2023

by William Bode

A fully digital, standards-based, comprehensive curriculum that includes all of the resources teachers need.

Curriculum Center for teachers includes TEKS correlations, Texas lesson plans, answer keys, PowerPoint® presentations, assessments, videos, and all student activities and handouts. 8 yr. Individual Subscription.



Learn more at www.g-w.com/texas

