

Midland ISD

8th-12th Graders

2020-2021 Preparticipation Physical Examinations

To support social distancing and assist with the workload of the medical professionals on the frontlines of the COVID-19 pandemic, Midland ISD will be following the adjustments made by the UIL in regards to preparticipation physical examinations (PPE) for the 2020-21 school year.

All students participating in MISD athletics will be required to complete the UIL PPE Forms. **If you have a completed cleared physical on file from the 2019-2020 school year you will NOT have to get a new physical for the 2020-2021 school year. However, you will be required to complete a new Medical History Form. You will be required to get a new physical/medial clearance if one of the following items pertains to you:**

A new student to Midland ISD

- Incoming 7th grader
- Did not have a physical on file at Midland ISD for the 2019-2020 school year
- Answer YES to any question 1-6 on the new medical history form you filled out.
- Athletic Trainer recommends you getting an updated physical/medical clearance.

Midland ISD will still be utilizing Rank One Sport for the UIL PPE forms. The student athlete must have all signature forms completed online prior to any participation in any practice, before, during, or after school, (both in-season and out-of-season) or games/matches. **The coaches will not issue equipment until they get clearance from the athletic trainer. This includes ANY athletic periods.**

If you check **YES** for electrocardiogram (ECG) for your athlete please note they will not be able to participate in athletics until the test has been administrated, they have been cleared, and have turned in their written proof to the Athletic Trainer.

No paper packets will be accepted. The only hard copies that will be accepted are the Medical History and Physical form. Any questions please contact your athletic trainer.

<https://midlandisd.rankonesport.com/New/Home.aspx>

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7th Graders Only

2020-2021 Preparticipation Physical Examinations

To support social distancing and assist with the workload of the medical professionals on the frontlines of the COVID-19 pandemic, Midland ISD will be following the adjustments made by the UIL in regards to preparticipation physical examinations for the 2020-21 school year.

All incoming 7th graders participating in MISD athletics **will be required to complete the UIL PPE Forms. You are required to get a physical and fill out all the UIL PPE Forms.**

- Medical History form and UIL physical form are available at the MISD Athletic Website or on-line at this site below “Download and Print.”
<https://www.midlandisd.net/cms/lib/TX01000898/Centricity/Domain/6249/2020%20PreParticipation%20Physical%20Form.pdf>
- Turn in medical history form and physical to athletic trainer
- AFTER AUG. 1st go to this website and fill out the rest of the UIL PPE packet online, no hard copies of the packet will be accepted.

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administrated, they have been cleared, and they have turned in their written proof to the Athletic Trainer.